

# MAY 2024

## Pre-K—8th grade MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Chicken Patty on WG Bun Tator tots Bean salad	2 Pizza Crunchers w/ Marinara Garden salad Celery sticks w/dip	3 <u>Happy Cinco De Mayo!!</u> Nachos w/ Turkey Taco Black beans Street Corn <b>Churro with every meal!</b>
6 Grilled Cheese Roasted Carrots Cauliflower popcorn	7 Chicken & Cheese Quesadilla Black Beans Corn salad	8 Mozzarella Sticks Marinara dipping sauce Roasted Broccoli	9 <u>Brunch For Lunch</u> Chicken & Waffles Hash Browns Sautéed spinach	10 Pizza Slice Garden Salad Cucumber salad
13 Chicken Nuggets Baked Fries Grape tomatoes	14 Mac N Cheese w/Garlic bread Roasted Broccoli Red pepper strips w/dip	15 Cheeseburger Baked Beans Lettuce & Tomato	16 BBQ Chicken Sandwich Tator tots Cole slaw	17 Tony's Pizza Celery Sticks Baby Carrots
20 Cheesy Bread Stick Marinara dipping sauce Roasted Carrots	21 Pasta w/Meat sauce & garlic bread Garden Salad Cauliflower bites	22 Nachos w/ Turkey Taco Black beans Street Corn	23 Chicken Patty on WG Bun Baked Beans Fries	24 <b>MEMORIAL DAY OBSERVED SCHOOL CLOSED</b>
27 <b>MEMORIAL DAY SCHOOL CLOSED</b>	28 <b>MEMORIAL DAY OBSERVED SCHOOL CLOSED</b>	29 Chicken Nuggets Roasted Sweet potato Cucumber Salad	30 Beef Soft Taco Salsa Cup Corn Salad	31 Pizza Crunchers Roasted Broccoli Garden Salad

Start your day the right way!

Our whole grain breakfast options include:  
Bagels, donuts, assorted muffins, assorted cereals and breakfast sandwiches with a choice of fruit or juice and milk.

Smart Snacks Sold Daily

Prices range from **50¢ - \$2.00**  
Add funds to your scholar's account via cash or check at the register.

### Meal Components

Meat/  
Meat alternative

1 oz. daily

9 oz. weekly

Whole Grain

1 oz. daily

8 oz. weekly

Vegetables

3/4 cup daily

Fruit

1/2 Cup daily

Milk

8 oz. milk choice

### USDA Regulations

Student s must take  
3 of 5 components  
1 of which must be a  
fruit or  
vegetable

### Daily Alternates

1. Sun butter & jelly sandwich  
w/ graham crackers
2. Deli sandwich

3. Cheese Sandwich